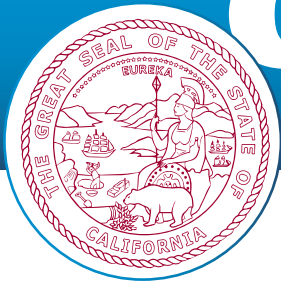


# CALIFORNIA

## Obesity Fact Sheet



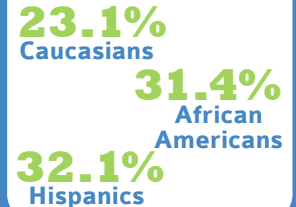
### ADULT OBESITY FACTS:

Obesity affects more than 25.1% of Californians.

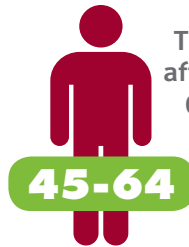


California is ranked 48/51 in states impacted by obesity.

Californians Affected by Obesity by Race



More than 24.5% of male Californians are affected by obesity. More than 25.8% of female Californians are affected by obesity.



The age group most affected by obesity in California is 45-64 (31.7%).



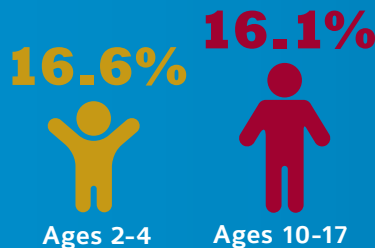
California ranks 24<sup>th</sup> in adults with Type 2 Diabetes (10.5%).

### CHILDREN AFFECTED BY OBESITY IN CALIFORNIA:



California **IS** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



### COST OF OBESITY IN CALIFORNIA:

The total cost of obesity in California **\$201.99 BILLION**

The cost of obesity for Medicare in California **\$36.59 BILLION**

The cost of employment for the population with obesity is **\$98.11 BILLION** more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$1.72 TRILLION**  
The total cost of obesity



Healthcare costs for individuals affected by obesity is **42% HIGHER**

**\$1.24 TRILLION**

The total indirect cost of obesity

**\$480 BILLION**

The total direct healthcare cost of obesity

**\$2.9 BILLION**

The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

Sources:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!