

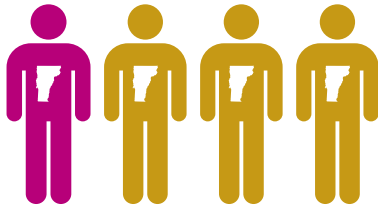


# VERMONT

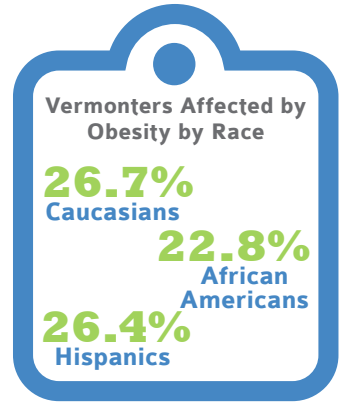
## Obesity Fact Sheet

### ADULT OBESITY FACTS:

Obesity affects more than 27.6% of Vermonters.



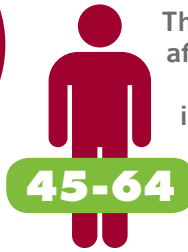
Vermont is ranked 40/51 in states impacted by obesity.



More than 28% of male Vermonters are affected by obesity.



More than 27.2% of female Vermonters are affected by obesity.



The age group most affected by obesity in Vermont is 45-64 (31.6%).



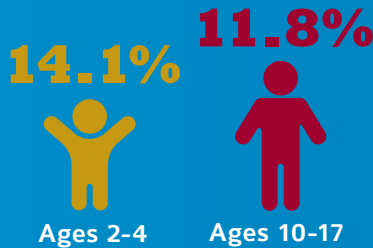
Vermont ranks 45<sup>th</sup> in adults with Type 2 Diabetes (8.2%).

### CHILDREN AFFECTED BY OBESITY IN VERMONT:



Vermont **IS NOT** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



### COST OF OBESITY IN VERMONT:

The total cost of obesity in Vermont **\$4.52 BILLION**

The cost of obesity for Medicare in Vermont **\$5.91 BILLION**

The cost of employment for the population with obesity is **\$3.77 BILLION** more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$1.72 TRILLION**  
The total cost of obesity



Healthcare costs for individuals affected by obesity is **42% HIGHER**

**\$1.24 TRILLION**  
The total indirect cost of obesity

**\$480 BILLION**  
The total direct healthcare cost of obesity

**\$2.9 BILLION**  
The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

#### Sources:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!