

# TENNESSEE

## Obesity Fact Sheet



Obesity affects more than 32.8% of Tennesseans.

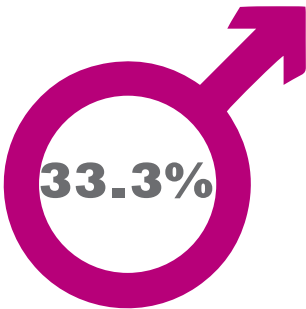


**15**  
/51

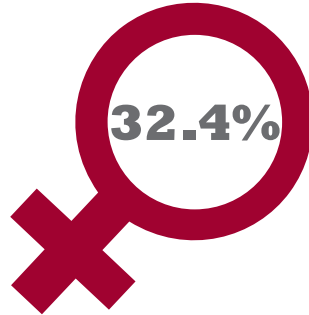
Tennessee is ranked 15/51 in states impacted by obesity.

Tennesseans Affected by Obesity by Race

**31.8%**  
Caucasians  
**46.4%**  
African Americans  
**29.6%**  
Hispanics



More than 33.3% of male Tennesseans are affected by obesity.



More than 32.4% of female Tennesseans are affected by obesity.



The age group most affected by obesity in Tennessee is 45-64 (38.5%).

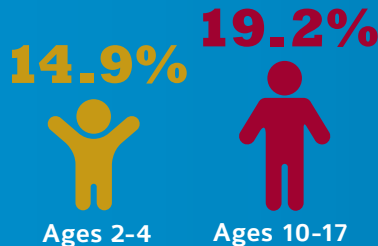
**6<sup>th</sup>**

Tennessee ranks 6<sup>th</sup> in adults with Type 2 Diabetes (13.1%).

### CHILDREN AFFECTED BY OBESITY IN TENNESSEE:

Tennessee **IS** one of 15 states that receives CDC grant funds for training to help with obesity prevention in Early Childhood Education settings.

#### CHILDREN AFFECTED BY OBESITY



### COST OF OBESITY IN TENNESSEE:

The total cost of obesity in Tennessee

**\$47.34 BILLION**

The cost of obesity for Medicare in Tennessee

**\$9.53 BILLION**

The cost of employment for the population with obesity is

**\$29.42 BILLION**  
more than the normal weight population.

### NATIONAL COST OF OBESITY:

**\$1.72 TRILLION**  
The total cost of obesity



Healthcare costs for individuals affected by obesity is

**42% HIGHER**

**\$1.24 TRILLION**

The total indirect cost of obesity

**\$480 BILLION**

The total direct healthcare cost of obesity

**\$2.9 BILLION**

The direct costs of childhood obesity

For people living with obesity, **28.2%** of their annual healthcare costs are spent treating obesity-related conditions.

#### Sources:

- Centers for Disease Control
- Clinical Chemistry
- Milken Institute
- Obesity Action Coalition
- Trust for America's Health



**OBESITY CARE**  
ADVOCACY NETWORK

#### MISSION:

The mission of the Obesity Care Advocacy Network (OCAN) is to unite and align key obesity stakeholders and the larger obesity community around key obesity-related education, policy and legislative efforts in order to elevate obesity on the national agenda.

Learn more at [www.ObesityCareAdvocacyNetwork.com](http://www.ObesityCareAdvocacyNetwork.com) today!